

If you are you an employer working in

HEALTH & WELLNESS

Read on to find out how to become involved in the **Specialist High Skills Major** program in our local high schools

A Specialist High Skills Major (SHSM) is a specialized program where high school students focus their learning on a specific area of study, in this case, health and wellness.

Students in the health and wellness SHSM take courses in high school that are focused on sector-specific knowledge and skills.

They also must complete specific training programs and two cooperative education credits that refine, extend, apply and practise their skills in the health and wellness sector.

Students in high school taking the health and wellness SHSM could be interested in a variety of careers at every different educational level, including:

- Early Childhood Education
- Paramedical Occupations
- Dental Hygienist or Dental Assistant
- Medical Secretary
- Practical Nurse
- Registered Massage Therapist
- Kinesiologist
- Nutritionist
- Psychiatrist
- Fitness Instructor

As an employer in a health and wellness career you are able to help area students complete their SHSM successfully! On the right are some ways you can get involved. Contact us today if you are interested.

This SHSM is offered at the following area high schools:

- ❖ Waterford District High School
- ❖ Dunnville Secondary School
- ❖ Assumption College School
- ❖ Brantford Collegiate Institute and Vocational School
- ❖ Holy Trinity Catholic High School
- ❖ St. John's College
- ❖ North Park Collegiate

How can you get involved?

- Welcome a co-op student into your workplace for one of more semesters
- Offer tours, class talks, and information about your career to students
- Invite a student to job shadow an employee for the day
- Assist students with career exploration
- Offer training programs in one of these areas:
 - First Aid
 - CPR
 - Infection Control
 - Hazardous Materials
 - Fitness
 - Lab Practices
 - Safe Food Handling
 - Other training – contact us for more details

Contact the Workforce Planning Board of Grand Erie for more info on how to get involved
P: 519.756.1116 F: 519.756.4663 E: admin@workforceplanningboard.org