

MEDICAL EXAM PROCEDURES

Procedure:

During the medical exam, you will be asked to fill out a questionnaire on your medical history after which you will be weighed, measured and evaluated on your visual acuity, colour perception and hearing. This will be followed by a physical examination.

Note:

1. The medical examination will be carried out by a qualified individual. Examination of genitals will not be conducted. You will be wearing your undergarments at all times. Please bring a pair of shorts or loose fitting pants and a t-shirt for your medical examination.
2. If you wear contact lenses, ensure that you have removed them for a period of 24 hours prior to your visual testing. Also, ensure you bring your glasses to the examination
3. You should refrain from consuming caffeine, using nicotine patches or smoking cigarettes and vigorous exercise 12 hours prior.
4. You should avoid exposure to loud noises, such as car radios, iPod's or other personal listening devices. If exposure cannot be avoided due to present job requirements please make every effort to protect your hearing through the wearing of available protective equipment (I.E. ear plugs)

Chaperone

At your request, a third party of your gender will be present at all times when the examination will be done by a member of the opposite sex. (This person will be employed by DND)

Additional examinations (if required)

Following the physical examination, you **may** be required to bring reports from your physician/specialist. In that case you will be given a form containing all the necessary instructions, to be given to the appropriate physician. You must bear the costs of providing these reports, as it is your responsibility to prove that you are medically fit to be enrolled and to return them in a timely manner.

Any Questions?

Please ask the medical personnel present.

Applicants Signature

Applicants Name- Please Print

Date

Parent/Guardian Signature

Parent/Guardian Name- Please Print

Date